

Our connection between heaven and earth via chakra 10.

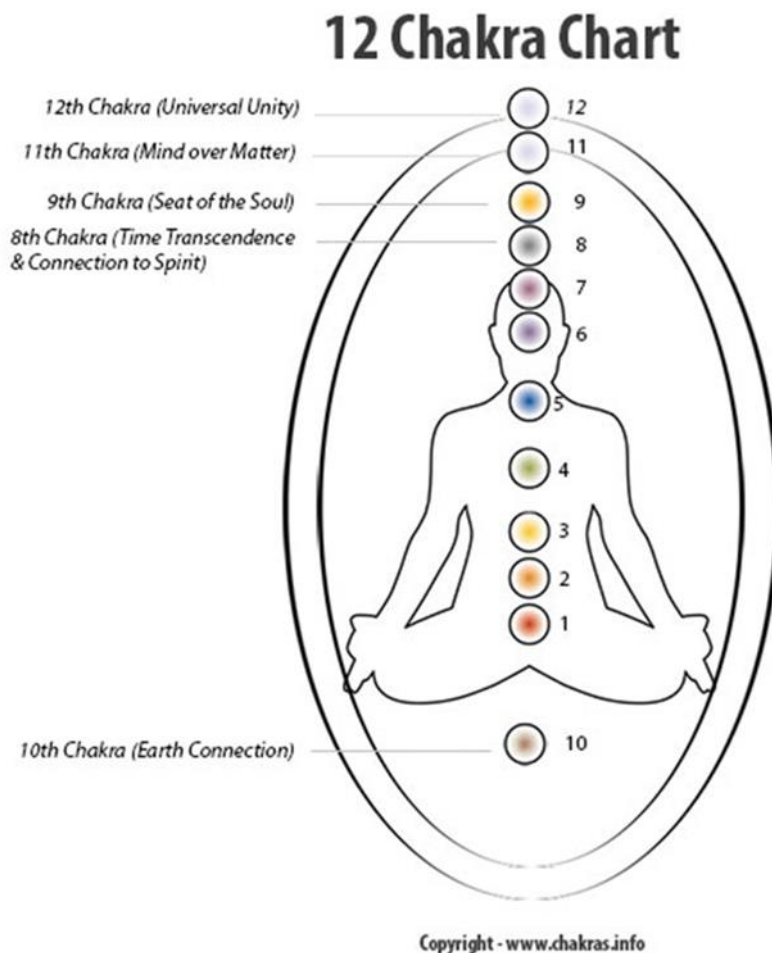
Session nr 9 of August 15, 2024 – French translation –original Dutch.

Location: Mezzaverde in Belgium

Note Wivine: my answers to a question from Alberto of our group, concerning session n°6 – 2024 and his experiences.

Alberto : I was wondering about the relationship

- between chakra 10 (symbolized as the connection with Mother Earth) and
- the higher mind chakras: 8 (mortal mind), 9 (morontia mind of the soul), 11-12 (Divine or Thought Adjuster mind).



For some time now, every time I meditate, this chakra nr.10 is “activated”. My feet connect very strongly with the earth as if they were “tree roots”. My head chakras are also active, but this happens as a kind of balance

between the top and the bottom, which manifests in the center with an opening of energy in the heart, energy that can also come out of the whole body.

Sometimes when I walk, I feel anchored to the earth and also above and when this happens, there is a very deep peace in my mind, the heart opens completely, the consciousness remains centered on the present as a simple observer. It is difficult to describe.

We live on a material planet in a physical body. What I feel should be the connection with Mother Earth that balances itself and that balances with the higher mind "chakras". I would like to know what you think about it.

Answer Wivine :

Your question is interesting and I will provide an explanation. Be aware that this subject can be approached from different angles, even with different vocabulary.

1). You have 7 primary chakras on your physical body.

4 that are located on the spine,
two on the head, and
the Kundalini or chakra number 1, which is located between the legs
and which we are forbidden to activate or use if we do not want to
land in a psychiatric asylum because this intense force can
completely burn our nervous system.

2) There are also secondary chakras mostly at the front of the body.

Examples are the

- Palms through which the energy of the universe or prana circulates when laying on of hands.
- The throat chakra
- The solar plexus.

You also have primary and secondary chakras located outside the body, most of which are located above the head.

The three main primary chakras located above the head are those of the **human mind, the morontia mind and the Divine mind**.

Chakra 10 is a secondary chakra and has two entrances or exits that I will call chakra 10a and chakra 10b for clarity:

- chakra 10a is located above the head
- chakra 10b is located under the feet in the earth.

3) **Chakras are portals, vortices or energy doors**. Opening or activating the chakras on the physical body gives many benefits such as better absorption of the energy of the universe, or being able to transmit energy to others to keep the body healthier, achieve better psychological balance and if this is accompanied by regular meditations intended to receive the Wisdom of God, your soul will grow faster.

There are many types of meditations that have come to us from the East. Many of them act on the physical brain by activating certain parts of the brain to release what are currently called in science "*happiness hormones*" (dopamine, serotonin, oxytocin and endorphin) in order to achieve more calmness, happiness and psychological balance. Everything still revolves around the physical body ; same thing for balancing inner energies (Tai Chi) and developing one's own inner strengths (martial arts).

In order to open the portals or chakras of the **morontia mind** and later of the **divine mind**, your soul must grow. It is only when your soul has reached a certain level thanks to your love of God, your selfless love to others, by developing your empathy, working on yourself to reduce your negative feelings, discovering step by step your little egos and systematically eliminating them; by reducing your need to excel towards others or to receive their applause, that YOUR HIGHER MINDS WILL

DEVELOP one after the other and these higher mind chakras will open.
NOT REVERSE.

It is not true what people say on the internet about balancing the chakras, about opening the higher chakras, with or without music, etc. Artificial activation of the higher chakras is useless if the soul has not reached the necessary moral height and has not developed a full-fledged **morontia body with a morontia mind**.

One does not reach soul height by activating or balancing these higher chakras. When the right soul height is reached, the **power directors** and **energy transformers** will systematically open them for you under the command of the Higher Beings and eventually connect them to chakras 7, 6, 5 and 4. The opening of these "portals or higher chakras" takes place in stages according to the progress of the soul. This also involves changes to the body, DNA and a strengthening of the nervous system, which is much too weak in modern humanity. For this reason, most people are incapable to tolerate the power that emanates from the presence of Higher Beings, not to mention the "**pure energy**" of our indwelling God Fragment and all the other intermediate **morontia and spiritual energies**.

All this requires a lot of effort from us.

- To strengthen our nervous system we work daily with the energy of the universe, the energy of Paradise or the pure energy of our inner God Fragment.
- We meditate a lot with the intention of **knowing Gods Will** to improve ourselves according to HIS insight and HIS wisdom. Because to do the Will of God we must know what He wants and expects from us. These answers are only found inside of us not in Books. In no Book at all.

We were with seven people in the Placencia temple in 2010 to create our first "Light Anchor" (see 2011 sessions) which, among other things, facilitates

meditation. We had an experience that none of us would ever forget. All had received the "*activation*" and came from different countries.

I had my document at hand that I read step by step. I had received this technique from an American transmitter/receiver. A very nice and reliable person. I could not receive messages at that time and the Melchizedeks could only reach me through such people if necessary. This is no longer the case because my soul has grown in the meantime and the **Melchizedeks** helped me to receive messages during my meditations with a technique adapted to me. I do not hear voices and I see nothing outside the meditations. I am not a clairvoyant or a clairaudient. The Melchizedeks needed to be able to reach me directly to help and guide me in those tasks I volunteered to accomplish.

Once we knew what we had to do, we got to work. We stood in a circle and looked up to the center of the circle. It all happened so quickly. Suddenly we felt a strong flow of energy entering our bodies from the top of our heads, down our spines, into the earth between our legs and then quickly rising back up the same path. The ups and downs of this ENERGY were strongly felt. It happened fast and lasted at least 60 seconds, if not more. Suddenly I saw a flash of light above us, at the top center of this circle which was the sign that the "Light Anchor" had been created. Everyone was looking at each other. Some sat down to relax and we all wondered: *what was that??*

Feeling grounded to heaven and earth when walking in nature can bring many pleasant experiences. Regardless, everyone and certainly city dwellers, feel the benefit of spending a day walking in nature. People who are closer to nature are better grounded with their chakra 10b and can benefit from the flow of energies from the higher universe that enter through chakra 10a. This is much more difficult for those who live in cities.

We, who received the "*activation*" of the **mind glands** that help us to better connect with our **indwelling God Fragment**, and thanks to this can

work with the Energy of Paradise by constantly evolving, will feel this connection between heaven and earth more intensely. We can still have this connection even if we live on the 10th floor of a building, because the powers that we carry, that constantly pass through us, pass through everything.

In short, chakras 10a and 10b are portals for us that allow the higher energies located below the [Isle of Paradise](#) to pass through our bodies, to anchor them in the ground in order to create with the Higher Beings multidimensional constructions of various [morontia](#) and [spiritual](#) natures in order to elevate humanity physically and spiritually.

The ability to create a *Light Anchor* with only one human person, is only achieved when our soul is sufficiently developed, the [Thought Adjuster](#) is assured of [fusion with our soul](#) and our body has changed so much that it can carry ultra-strong energies without succumbing.

14 years ago, it took at least two people to create a Light Anchor with the help of our [Midwayers](#), [Melchizedeks](#) or [Archangels](#). Now, I do it alone with them, as a human being, when they need me for something. This means that all members of the group can or will be able to be deployed individually to help Celestials and Midwayers in the 4th dimension.

We are also helping the [incarnated Children of Paradise](#) for some years to build complex [morontia](#) palaces and information circuits in the 4th dimension around the earth.

This is not a gift from heaven that has fallen on us. We must continuously make efforts, do sacrifices in all areas of our daily life so that our soul grows higher and our abilities and powers can be strengthened.

Because Alberto had not described the physical sensations of what he experienced during his meditations, he only described his own conclusions of the phenomenon, I needed more information of what he did experience. So I asked for confirmation during the next group meditation.

Here is my experience:

I left for Placencia at the appointed time of meditation and when I was almost there, I was taken elsewhere. I found myself on top of the great temple of the ancient Mayan city of Uxmal, located below Merida, in the Yucatan Peninsula of Mexico.



UXMALL.

I visited it 10 years ago and I had the impression at the time that it was once a sacred place with a lot of energy and that this energetic radiation seemed greatly weakened. I was not able to do at the time what I can do now and I did not know what I know now.

So I found myself at the top of this great beautiful temple and I automatically spread my arms. Suddenly I became a channel through which the [morontia and higher spiritual energies](#) passed to anchor themselves in the earth. It was a wonderful feeling of connection between heaven and earth. I became surrounded by that "light" and felt the coming and going of this flow of celestial energies. It took a while and

when it was over, everything went dark again and I went into deep meditation. The Mayan temple of Uxmal was reactivated.

Such experiences during meditation can have an impact on the body and be felt physically if the body is not completely anesthetized by the [energy transformers](#). It is not because we do not see something during meditation that we cannot feel it on our body. Then the interpretation and description of what we felt depends on each person. In my experience the versions always diverge, it is not possible otherwise.

You just have to be careful when you are faced with the unknown, not to interpret too much what you felt with the knowledge of the human mind acquired by reading, using in addition the logic of this same mind.

It has been a long time since we worked with the chakras.

[We are now surfing on an unknown wave in unknown realms.](#)

I used this drawing on the chakras just to give you an orientation, a little scaffolding, to illustrate what I was talking about, not to take it literally.

I hope I was able to bring more clarity on this subject with this answer.

End.

GROUP MEZZA VERDE.

<https://www.mezzaverde.com>

For more explanations on the words in blue see [The Urantia Book](#).